

# Changing

**Creating a Life that Matters** – A Spiritual Development Curriculum that is sure to change your life!!!! This experience will include three Courses: Rediscovering Relationship to the Sacred, Rediscovering Relationship to Myself and Rediscovering Relationship to My Passion.

**Discovering Your Spiritual Gifts** – Ever wonder what gifts are Divinely inspired in you? This is an important dimension of you and will offer you a chance to expand who you know yourself to be.

**Book Clubs** – Join a group as they read all kinds of books together and enjoy discussing them. Some clubs read spiritual books, some read history, others read self help books.

**Support Groups** - Alcoholics Anonymous / Narcotics Anonymous / Support Groups

**The Biggest Loser** – Join a group who is learning to eat healthily, exercise AND collect food for those who don't know where their next meal will come from!

**God's Guarantee** – This experience will challenge you to understand your relationship to money and to God. It can't hurt to try it out!

**Monday Night at the Movies** – For six Monday nights, we will watch movies together that stir our thoughts and feelings and enjoy a time afterward of honest and open discussion. It'll be fun and thought provoking!!!

**Sexual Ethics** – So, does anything go? What is mutual consent? How might we let our spiritual life guide our sexual decisions? How do we compartmentalize our sexual life from our spiritual one? This should create exciting dialogue . . . don't miss it!

**Sermon Study Group** – This group will dig deeper into the sermon topic of the week so as to keep the question alive! We will share insights and remain open to the different ways in which people receive and process the message.

**Jesus and Justice** – For some Christians, politics and religion should never be put together. This group will explore the teachings of Jesus as a way to find connection between our relationship to Jesus and doing Justice in the world.

**World Religions** – Ever wonder what other faith traditions really believe? Ever wonder if they have anything in common? This is for you!